

## S.5 SAMPLE BIOLOGY ITEMS

### ITEM 1

In **Wakiso District**, vegetable farmers using water from a nearby wetland began noticing poor crop performance. Plants showed **yellowing leaves, weak stems, and reduced growth rate**. Some farmers also experienced **skin irritation after frequent contact with the water**.

Further observations in the area showed that:

- Water from the wetland had visible surface films
- Crops grown on raised beds appeared healthier
- Areas with improved drainage showed better plant recovery
- Farmers who used protective gloves reported fewer skin problems
- Soil from affected areas felt sticky and poorly aerated

**Table 1: Cellular and Molecular Indicators in Plants**

Parameter	Healthy Plants	Affected Plants
Enzyme-controlled metabolic rate (%)	100	45
Cell membrane stability (%)	100	50
Water uptake efficiency (%)	100	60
Vacuole function (%)	100	55
Parenchyma tissue activity (%)	100	55

### Task

- Analyse how changes in **enzyme activity, membrane stability, water movement, vacuole function, and tissue activity** contributed to poor plant growth and the observed human health effects.
- Propose appropriate measures that would restore crop productivity and reduce exposure risks.

### RESPONSE

**(a)** Reduced **enzyme activity** (100% to 45%) lowers catalytic efficiency of metabolic pathways; fewer enzyme–substrate complexes form due to altered active sites, reducing **ATP production** from respiration; low ATP limits active transport and biosynthesis, resulting in reduced growth and weak tissues.

Decreased **cell membrane stability** (100% to 50%) disrupts the **phospholipid bilayer** and membrane proteins; increased permeability leads to leakage of ions and metabolites; loss of selective transport reduces nutrient uptake and ion balance, impairing cellular function.

Reduced **water uptake efficiency** (100% to 60%) limits osmotic entry of water into cells; low turgor pressure reduces cell expansion; this leads to wilting, reduced elongation, and poor structural support in plants.

Impaired **vacuole function** (100% to 55%) reduces storage of water, ions, and wastes; decreased vacuolar pressure lowers **turgidity**, weakening cells and reducing mechanical support of tissues.

Reduced **parenchyma tissue activity** (100% to 55%) lowers metabolic functions such as storage and photosynthesis; fewer functional cells reduce overall productivity and growth of plant tissues.

In humans, exposure to contaminated water disrupts **epithelial cell membranes** and enzymes, irritation results from membrane damage and inflammatory responses due to entry of harmful substances.

### **(b) Strategies**

**Wastewater treatment** ensures removal of toxic substances; prevents enzyme inhibition and membrane damage; restores normal cellular metabolism in plants.

**Improved drainage systems** reduce water stagnation; increase soil aeration and oxygen availability; supports respiration and ATP production in root cells.

**Use of protective gear** prevents direct contact with harmful substances; protects epithelial tissues from membrane disruption and irritation.

**Application of organic matter** improves soil structure; enhances water retention and aeration; supports enzyme activity and root function.

**Relocation of farming activities** reduces exposure to pollutants; allows normal cellular processes to resume in crops.

**Environmental regulation enforcement** limits pollutant discharge maintains ecosystem stability and supports long-term plant productivity.

TAP THE LINK BELOW

[https://www.youtube.com/@bioclasshub-h3b?sub\\_confirmation=1](https://www.youtube.com/@bioclasshub-h3b?sub_confirmation=1)

## ITEM 2

In **Mbale District**, a secondary school introduced practical lessons involving biological samples. However, students reported difficulty obtaining clear observations during laboratory work. At the same time, a nearby clinic recorded increasing cases of infections that were not responding well to treatment. Additional findings included:

- Some learners skipped proper slide preparation steps
- Samples left exposed for long periods showed visible changes
- Certain treatments worked in some patients but failed in others
- Laboratory equipment was sometimes shared without cleaning
- Properly handled samples gave more reliable results

**Table 2: Cellular and Microbial Functional Indicators**

Parameter	Normal Condition	Observed Condition
Bacterial reproduction rate (%)	100	150
Enzyme activity in cells (%)	100	70
Membrane permeability (%)	100	130
Cell structural organisation (%)	100	60
Efficiency of stain uptake (%)	100	50

## Task

- Evaluate how variations in **cell structure, enzyme function, membrane properties, and microbial activity** influenced the laboratory observations and infection patterns.
- Suggest practical ways of improving laboratory outcomes and managing the infection challenges.

## RESPONSE

(a) Increased **bacterial reproduction rate** (100% to 150%) results from rapid **binary fission**; favourable conditions increase DNA replication and cell division; leads to high microbial population and infection persistence.

Reduced **enzyme activity** (100% to 70%) affects intracellular metabolic pathways; enzymes involved in replication and protein synthesis function less efficiently; results in abnormal cellular processes and reduced effectiveness of treatments.

Increased **membrane permeability** (100% to 130%) alters the **fluid-mosaic membrane**; uncontrolled movement of substances occurs; may enhance entry of drugs but also allows loss of essential metabolites, affecting cell survival and function.

Reduced **cell structural organisation** (100% to 60%) indicates disruption of cytoplasm and organelles; in eukaryotic cells, this affects compartmentalisation; in prokaryotes, it affects cellular efficiency; leads to poor function and abnormal observations.

Low **stain uptake efficiency** (100% to 50%) results from poor preparation and altered cell walls/membranes; stains fail to bind properly to cellular components; reduces visibility of structures under the microscope.

Poor laboratory practices reduce accuracy of observations; contamination increases microbial activity and alters results; improper handling affects reliability of biological investigations.

**(b) Strategies**

- **Proper slide preparation** ensures intact cell structures; improves visibility and accuracy of observations under the microscope.
- **Correct staining techniques** enhance contrast; allow clear identification of cell components and structural differences.
- **Sterilisation of equipment** eliminates microbial contamination; reduces unwanted bacterial growth and improves experimental reliability.
- **Controlled antibiotic use** prevents development of resistant strains; ensures effectiveness of treatment on bacterial infections.
- **Maintaining hygiene** limits spread of microorganisms; protects both laboratory work and human health.
- **Training in laboratory procedures** improves accuracy in handling samples; ensures correct use of equipment and reliable results.

**TAP THE LINK BELOW**

<https://www.youtube.com/watch?v=Ma2a5GaZyLc&t=5s>